



**WORLD HEALTH ORGANIZATION**

# **GUIDELINES**

*FOR*  
WHO FELLOWS  
&  
STUDY TOUR PARTICIPANTS

VISITING

# **INDIA**

**(Revised August 2004)**

## GUIDELINES FOR FELLOWS VISITING INDIA

India is a large country with varying climatic conditions, culture and living standards.

International airports in all major cities are situated 15-30 km outside the towns. Fellows are not met on arrival, and they should take the airline bus to the city office from where they can reach the hotel by taxi. Fellows are to meet this out of the stipend paid to them.

Since stipends are based on the cost of living in a medium-priced hotel, fellows are advised to get accommodation in such hotels only. The names of a few hotels are listed under each metropolitan city.

Fellows should report to the "person to be contacted" as mentioned in the Letter of Award. As soon as the fellows report to the institute of study, they should intimate the Regional Office by fax (91-11-23370197, 23379395, 23379507) or by e-mail ([ets@searo.who.int](mailto:ets@searo.who.int)) of their arrival details to avoid any delay in payment of subsequent stipend.

Fellows stationed in Delhi should contact WHO Regional Office for collection of their stipend every month between 1400 to 1600 hours Monday through Friday.

Those stationed in other places will also receive their stipend by demand draft through WHO Regional Office at New Delhi. For payment in traveller's cheques, fellows will be advised of the address of the bank from where they can collect the same on production of their passports, as proof of identity.

In case you wish to reserve accommodation yourself, please write to "the person to be contacted" mentioned in the Letter of Award, well in advance. Please note that any cancellation charges for the accommodation reserved will have to be borne by the fellows themselves.

Fellows are entitled to travel by train (first class) or by bus for the authorized sectors. For travel by train during day, no reservation is normally necessary. However, for overnight train travel, reservation should be arranged before hand. In order to claim reimbursement of the cost of tickets purchased, fellows should submit the used ticket stubs and proof of payment made at the time of purchasing tickets.

Within a week of their arrival, fellows should contact the nearest Office of the Foreigner's Registration Officer to register themselves as Foreigners.

For any administrative matters, fellows should write or contact:

The Regional Fellowships Officer  
WHO Regional Office for South-East Asia  
World Health House, Indraprastha Estate  
Mahatma Gandhi Marg  
New Delhi-110 002

**Telephone:** 23370804, 23370809 - 11  
**Fax:** 91-11-23370197, 23379395, 23379507  
**Cable Address:** WHO NEW DELHI  
**E-mail:** [ETS@WHOSEA.ORG](mailto:ETS@WHOSEA.ORG)  
**Website:** [www.whosea.org/ets](http://www.whosea.org/ets)

### Delhi

Indira Gandhi International airport is situated about 14.5 km from the city centre. Airline buses travel frequently to their city offices in Connaught Place via major hotels. After reaching Connaught Place the nearest medium-priced accommodation is available at the YMCA Tourist Hostel at Jaisingh Road and Ashok Yatri Niwas, Ashoka road, New Delhi. If accommodation is not available, then contact any of the alternative places indicated below:

### Recommended Accommodation

National Institute of Communicable Diseases Hostel, 22 Sham Nath Marg, Delhi-110 054 - <i>for fellows having programme there.</i>	National Institute of Health and Family Welfare Hostel, Near DDA Flats, Munirka, New Delhi-1 10067 - <i>for fellows having programme there</i>
R.A.K. College of Nursing, Andrews Ganj, New Delhi-1 10 049 - <i>For fellows having programme there.</i>	All India Institute of Medical Sciences, Ansari Nagar, New Delhi-110029 (depending on availability of hostel or guest house) - <i>For fellows having programme there.</i>
Central Health Education Bureau, Kotla Road, Temple Lane, New Delhi-110002 (dormitory type accommodation) - <i>for Fellows having programme there.</i>	Lady Reading Health School, Sadar Thana Road, Delhi-110006 - <i>for fellows having programme there</i>
YMCA Tourist Hostel, Jaisingh Road, New Delhi-110001, Tel: 2374 6668 Non-AC Single room Rs 810 A C Single Room Rs 990 Non-AC Double Room Rs 1400 A C Double Room Rs 1680 <i>(rates inclusive of taxes and breakfast)</i>	YWCA Tourist Hostel, Ashok Road, New Delhi-110001, Tel: 23360133, 23360202 Non-AC Single Room Rs 572 AC Single Room Rs 792 Non-AC Double Room Rs 1034 AC Double Room Rs 1444 <i>(rates inclusive of taxes and breakfast)</i>
Jukaso Inn Guest House, 50 Sunder Nagar, New Delhi-1 10 024, Tel: 4690754, 4692137 AC Single Room Rs 1550 + 10% AC Double Room Rs 2200 + 10%	Maharani Guest House, 3 Sunder Nagar, New Delhi, Tel 4693128, Ext. 29 & 34 AC Single Room Rs 1500 + 10% AC Double Room Rs, 2200 + 10%
Ashok Yatri Niwas, Hotel Indraprastha, 19, Ashok road, New Delhi, Tel: 3344511 AC Single Room Rs 550 + 10% AC Double Room Rs 715 + 10% <i>(inclusive of tax)</i>	Hotel Ranjit, Maharaja Ranjeet Singh Road, New Delhi-1 10 002, Tel: 3231256, 3231201 Non-AC Single Room Rs 1200 + 10% AC Single Room Rs 1700 + 10%

From November to February. it is winter and light warm clothing is required.

Round the year the WHO Regional Office functions from 0800 to 1630 hours Monday through Friday.

### Chennai

The airport is situated about 16 km from the city. Airline bused are available to reach the city from where you will be able to travel to the institutes or the railway station for onward travel.

Fellows travelling to Gandhigram should proceed to Egmore railway Station and arrange travel to Dindigal Junction by any one of a number of convenient trains. From Dindigal you can proceed by bus to Gandhigram, where hostel accommodation is available at a reasonable price.

Those who are proceeding to Chingleput, Vellore or Pondicherry can travel by bus available in front of the airport. At these places hostel accommodation is available.

South India has a tropical climate throughout the year.

### Recommended Accommodation

Picnic Hotel, 1132, Poonamalee High Road, Chennai 600 029, Tel: 39021) <i>Medium priced hotel</i>	Hotel Ashok, No. 33, Pantheon Road, Egmore, Chennai 600 008, Tel: 568977 <i>Medium priced hotel</i>
Hotel Atlantic Pvt. Ltd, 2, Motieth Road, Egmore, Chennai 600084, Tel 860422 <i>Medium priced hotel</i>	Madras Medical College, Chennai – Hostel facilities available for those studying there

Hotel Desaprakash, 110, Poonamallee High Road, Chennai 600 084, Tel: 661111 <i>Medium priced hotel</i>	Hotel Maris, 9, Cathedral Road, Chennai 600086, Tel 470541 <i>Medium priced hotel</i>
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### **Mumbai**

Santa Cruz airport, situated about 29 km from the city, is connected with all major cities in India by air and train and Sahara Airport for travel abroad by air. In addition to the airline bus, metered taxis are available.

Most of the Institutes have reasonably priced hostel facilities.

Average temperature in winter is 24 degrees and in summer 28 degrees centigrade. Light tropical clothing is required. During the monsoon (June-September) a rain-coat or umbrella and gumboots are a must.

### **Recommended Accommodation**

Hotel Airways, 332, L.B.S. Marg, Ghatkopar (West Mumbai - 400 086, Tel 585917 - <i>Medium priced hotel</i>	Hotel Aroma, 190, Dr Ambedkar Road, Dadar, Mumbai 400 044, Tel: 446370 - <i>Medium priced hotel</i>
Hotel Royal, 83-A, Acharya Marg, Chambur, Mumbai 400 044, Tel 5550343 - <i>Medium priced hotel</i>	Hotel Accord, J. Nehru Road, Lovely House "B" Santra Cruz (East Mumbai-4000055 - <i>Medium priced hotel</i>
Hotel Hiramani, Dr Baba Saheb Ambedkar Road, Lalbaug, Mumbai 400 012, Tel 4134502 - <i>Medium priced hotel</i>	

### **Kolkata**

Dum Dum airport is about 13 km from the city. Metered taxis are available. Kolkata city has a well-connected underground metro rail system.

Most of the fellows are placed at the All India Institute of Hygiene and Public Health, the National Institute of Cholera and Enteric Diseases or the School of Tropical Medicine, where limited hostel facilities are available.

Except December and January (winter season), a tropical climate prevails.

### **Recommended Accommodation**

Astoria Hotel, 6/2 & 6/3 Sudder Street, Kolkata 700 016, Tel 241359 - <i>Medium priced hotel</i>	North Star Hotel, 60/1, Dum Dum Road, Kolkata 700 074 - <i>Medium priced hotel</i>
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### **Hyderabad**

Begumpet airport is situated about 16 km from the city. Airline buses and taxis are available.

National Institute of Nutrition provides hostel facilities to fellows who are placed there. Other recommended hotels are:

### **Recommended Accommodation**

Hotel Jaya International, P.B. No. 264, Abids, Hyderabad 500 001, Tel 232929 - <i>Medium priced hotel</i>	Hotel Rajdhani, Siddiambar Bazar, Hyderabad 500 002, Tel 557571 - <i>Medium priced hotel</i>
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