

STANDARD OPERATING PROCEDURE

(Name of the Blood Centre)

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LOCATION	SUBJECT
Donor Room	Blood Collection
FUNCTION	DISTRIBUTION
Post donation care	- Medical Office- in-Charge of Donor Area - Master File

1. SCOPE AND APPLICATION

The donor needs to be observed after blood collection, in order to attend to any adverse reactions in the immediate post-donation period.

2. RESPONSIBILITY

The medical officer in attendance attends to the donor.

3. REFERENCE

- i. Technical Manual of American Association of Blood Banks, 13th edition 1999 Pgs. 98-99
- ii. Introduction to Transfusion Medicine - Zarin Bharucha & D.M. Chouhan 1st edition 1990 Pgs. 100-101

4. MATERIAL REQUIRED

- Sterile swabs
- Adhesive tape
- Thrombophob ointment
- Leaflet for post donation instructions

5. PROCEDURE

- a. To prevent adverse reactions like giddiness ask the donor not to get up from the chair/cot for 5 minutes even if he feels perfectly all right.
- b. Observe for another 10 minutes in the refreshment area whilst having coffee.
- c. Inspect the venepuncture site before the donor leaves the donor room. Apply an adhesive tape only after oozing stops. If there is persistent oozing at the

site of venepuncture, apply pressure with a dry, sterile cotton swab. If there is haematoma apply Thrombophob ointment gently over the area after 5 minutes. Inform the donor about the expected change in skin colour. If the pain persists, ask him/her to apply ice.

- d. Instruct the donor to drink adequate fluid in the day and avoid strenuous activities.

6. DOCUMENTATION

Give a leaflet of post donation instructions to the donor.

Record any adverse reaction on the donor card.

7. END OF DOCUMENT