

Hepatitis

A dangerous liver disease commonly caused by four different viruses

SYMPTOMS



Yellow Skin and eyes



Fever and fatigue



Loss of appetite



Nausea/vomiting



Abdominal pain

PROTECT

Protect yourself and your family

Hepatitis A and E are usually transmitted through contaminated water

Cook food and boil water thoroughly before consuming



Wash hands with soap and water before cooking or eating and after visiting the toilet



Hepatitis B and C are mainly transmitted through infected blood or unprotected sex

Get vaccinated against hepatitis B



Use condoms during sex



Do not share tooth brushes, razors, nail clippers



Do not share needles



Ask for blood or blood products to be screened for hepatitis B and C



For more information contact your nearest health provider