

# SMOKING CAUSES LUNG CANCER



Non Smoker's Lungs



Smoker's Lungs

**BEWARE**

**SMOKING CAUSES A SLOW AND PAINFUL DEATH.**

**Quit tobacco today**

To quit tobacco give a missed call on 011-22901701 or resister at [www.nhp.gov.in/quit-tobacco](http://www.nhp.gov.in/quit-tobacco) or call Tollfree National Tobacco Quitline 1800 -11 - 2356



Ministry of Health  
& Family Welfare  
Government of India