Steps to put on personal protective equipment (PPE)

1. Always put on essential required PPE when handling either a suspected, probable or confirmed case of viral haemorrhagic fever.

2. The dressing and undressing of PPE should be supervised by another trained member of the team.

3. Gather all the necessary items of PPE beforehand. Put on the scrub suit in the changing room.

4. Put on rubber boots. If not available, make sure you have closed, puncture and fluid resistant shoes and put on overshoes.

5. Place the impermeable gown over the scrubs.

6. Put on face protection:
   6a. Put on a medical mask.
   6b. Put on goggles or a face shield.

7. If available, put a head cover on at this time.

8. Perform hand hygiene.


10. If an impermeable gown is not available, place waterproof apron over gown.

While wearing PPE:
- Avoid touching or adjusting PPE
- Change gloves between patients
- Remove gloves if they become torn or damaged
- Perform hand hygiene before putting on new gloves

* Use double gloves if any strenuous activity (e.g. carrying a patient or handling a dead body) or tasks in which contact with blood and body fluids are anticipated. Use heavy duty/rubber gloves for environmental cleaning and waste management.